

WETSUIT USE

SWIM DISTANCE	AGE AS AT 31 DECEMBER	WETSUIT MANDATORY	WETSUIT OPTIONAL	WETSUITS NOT PERMITTED
Up to 1500m	Up to & including 59 years	Below 15.9°C	15.9°C – 22.0°C	Above 22.0°C
Up to 1500m	60 years & over	Below 15.9°C	15.9°C – 24.6°C	Above 24.6°C
1501m & above	All ages	Below 15.9°C	15.9°C – 24.6°C	Above 24.6°C

Water Temperature	Maximum Swim Distance
13°C	1,000m
12°C	600m
11°C	300m
Below 11°C	Open water swimming will not take place

It is recommended that wetsuits are worn by all novices and Age-Groupers up to and including age 59 up to 22°C, and all novices and Age-Groupers age 60 and above up to 24.6°C;

At temperatures below 11°C open water swimming in competition cannot take place.

These temperatures are based on water temperatures alone and assume that the wind chill factor is negligible. If wind chill is significant, swim distances may be reduced at higher temperatures.

If other weather conditions dictate, i.e., high winds, heavy rain, changing temperature, current, etc. the Event Organiser in consultation with the Chief Technical Official may adapt limits of the swim length or adopt provisions about the use of wetsuits. The final decision will be made one hour before the start and will be clearly communicated to the athletes by Castle Race Series.