

Colour of race number ↓

Sunday 21st June 2026
Middle Distance Duathlon - 10km/56km/10km
Multisports: Aquabike 1500m/42km Aquathlon 1500m/10km Duathlon Standard 10km/42km/5km
[External Holding Area for Triathlon and Multisport opens 1h15m before your start time](#)

Wave and Start Time	Race Type	Last Name	First Name	Gender
Wave 6 10:30	Aquabike Standard	Adams	John	Open
Wave 6 10:30	Aquathlon Standard	Ball	Nathan	Open
Wave 4 09:30	Duathlon Standard	Bate	David	Open
Wave 2 09:00	Duathlon Middle	Brown	Ian	Open
Wave 6 10:30	Aquabike Standard	Crawford	Geoff	Open
Wave 6 10:30	Aquabike Standard	Davenport	Heather	Female
Wave 2 09:00	Duathlon Middle	Davies	Scott	Open
Wave 6 10:30	Aquabike Standard	Deakin	Mark	Open
Wave 4 09:30	Duathlon Standard	Devereux	Hugh	Open
Wave 4 09:30	Duathlon Standard	Devereux	Nick	Open
Wave 2 09:00	Duathlon Middle	Doxey	Tina	Female
Wave 4 09:30	Duathlon Standard	Emery	Ian	Open
Wave 2 09:00	Duathlon Middle	Fell	Nicholas	Open
Wave 6 10:30	Aquathlon Standard	Gamble	Hannah	Female
Wave 6 10:30	Aquathlon Standard	Garside	Matthew	Open
Wave 6 10:30	Aquabike Standard	Gaytten	Lorraine	Female
Wave 4 09:30	Duathlon Standard	Goodman	craig	Open
Wave 4 09:30	Duathlon Standard	Gray	Pete	Open
Wave 6 10:30	Aquathlon Standard	griffin	ana	Female
Wave 6 10:30	Aquabike Standard	Griffiths	Nigel	Open
Wave 2 09:00	Duathlon Middle	Groves	Ben	Open
Wave 6 10:30	Aquathlon Standard	Hansen	Anna-Lena	Female
Wave 4 09:30	Duathlon Standard	Harris	Claire	Female
Wave 2 09:00	Duathlon Middle	Hathaway	Stuart	Open
Wave 6 10:30	Aquathlon Standard	Henry	Joshua	Open
Wave 6 10:30	Aquathlon Standard	Jacobs	Lucas	Open
Wave 2 09:00	Duathlon Middle	Joinson	Catherine	Female
Wave 4 09:30	Duathlon Standard	Kays	Gary	Open
Wave 6 10:30	Aquabike Standard	Kertzman	Eugene	Open

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Wave 6 10:30	Aquathlon Standard	Klein	Phil	Open
Wave 4 09:30	Duathlon Standard	Lewis	Phil	Open
Wave 6 10:30	Aquathlon Standard	Maguire	Luke	Open
Wave 4 09:30	Duathlon Standard	McKimmie	John	Open
Wave 6 10:30	Aquathlon Standard	Mitchell	Owen	Open
Wave 6 10:30	Aquathlon Standard	moore	charlotte	Female
Wave 4 09:30	Duathlon Standard	Muller	Kersten	Open
Wave 6 10:30	Aquathlon Standard	Murray	Ted	Open
Wave 2 09:00	Duathlon Middle	Newham	Andy	Open
Wave 6 10:30	Aquathlon Standard	Nicholson	Megan	Female
Wave 4 09:30	Duathlon Standard	O'Grady	David	Open
Wave 6 10:30	Aquabike Standard	Owen	Nick	Open
Wave 4 09:30	Duathlon Standard	Roberts	Chris	Open
Wave 6 10:30	Aquabike Standard	Rowan	Sophie	Female
Wave 4 09:30	Duathlon Standard	Seymour	Gaynor	Female
Wave 2 09:00	Duathlon Middle	Shaw	Rick	Open
Wave 4 09:30	Duathlon Standard	Snell	Mike	Open
Wave 4 09:30	Duathlon Standard	Snyman	SimevØ-Irv©ne	Female
Wave 4 09:30	Duathlon Standard	Store	Thomas	Open
Wave 2 09:00	Duathlon Middle	Walker	Emma	Female
Wave 6 10:30	Aquathlon Standard	Waring	Richard	Open
Wave 4 09:30	Duathlon Standard	Wylde	Laura	Female