

**Sunday 3rd July 2022  
Half Iron The Gauntlet: 1.9km/90km/21km**

 Colour of race  
number ↓

Race Number	Race Type	Last Name	First Name	Gender	Wave No. Starts from
1	Bastion Individual	Ashton	David	MALE	Wave 1 06.00
2	Bastion Individual	Baugh	Michael	MALE	Wave 1 06.00
3	Bastion Individual	Black	Mark	MALE	Wave 1 06.00
4	Bastion Individual	Bosman	Hans	MALE	Wave 1 06.00
5	Bastion Individual	Bradshaw	Emma	FEMALE	Wave 1 06.00
6	Bastion Individual	Burgess	Kevin	MALE	Wave 1 06.00
7	Bastion Individual	Byrne	Gary	MALE	Wave 1 06.00
8	Bastion Individual	Cathcart	Paul	MALE	Wave 1 06.00
9	Bastion Individual	Couchman	Warren	MALE	Wave 1 06.00
10	Bastion Individual	Duffy	Lindsay	FEMALE	Wave 1 06.00
11	Bastion Individual	Ehren	Ronald	MALE	Wave 1 06.00
12	Bastion Individual	Elwood	Matthew	MALE	Wave 1 06.00
13	Bastion Individual	Emmett	Lynn	FEMALE	Wave 1 06.00
14	Bastion Individual	Espley	Mark	MALE	Wave 1 06.00
15	Bastion Individual	GALE	Paul	MALE	Wave 1 06.00
16	Bastion Individual	garner	tony	MALE	Wave 1 06.00
17	Bastion Individual	Haigh	Mark	MALE	Wave 1 06.00
18	Bastion Individual	Hawke	Giles	MALE	Wave 1 06.00
19	Bastion Individual	Hunt	Matt	MALE	Wave 1 06.00
20	Bastion Individual	Jackowska	Martyna	FEMALE	Wave 1 06.00
21	Bastion Individual	Kerry	Shea	MALE	Wave 1 06.00
22	Bastion Individual	Lamberti	Pasquale	MALE	Wave 1 06.00
23	Bastion Individual	lisamore	steve	MALE	Wave 1 06.00
24	Bastion Individual	Lowe	William	MALE	Wave 1 06.00
25	Bastion Individual	Maw	Simon	MALE	Wave 1 06.00

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26	Bastion Individual	Mckain	Sam	MALE	Wave 1 06.00
27	Bastion Individual	Negus	Gavin	MALE	Wave 1 06.00
28	Bastion Individual	Nelmes	Lewis	MALE	Wave 1 06.00
30	Bastion Individual	Nelson	David	MALE	Wave 1 06.00
31	Bastion Individual	Noyez	Jan	MALE	Wave 1 06.00
32	Bastion Individual	O'Brien	Chris	MALE	Wave 1 06.00
33	Bastion Individual	Owen	David	MALE	Wave 1 06.00
34	Bastion Individual	Parry	Leanna	FEMALE	Wave 1 06.00
35	Bastion Individual	Pryke	Martha	FEMALE	Wave 1 06.00
36	Bastion Individual	Sandford	Stuart	MALE	Wave 1 06.00
37	Bastion Individual	Sayers	Dave	MALE	Wave 1 06.00
38	Bastion Individual	Shilling	Paul	MALE	Wave 1 06.00
39	Bastion Individual	Squibb	Daniel	MALE	Wave 1 06.00
40	Bastion Individual	stuart	sarah	FEMALE	Wave 1 06.00
41	Bastion Individual	Twisk	Stephan	MALE	Wave 1 06.00
42	Bastion Individual	Upson	James	MALE	Wave 1 06.00
43	Bastion Individual	Wolsey	Peter	MALE	Wave 1 06.00
44	Bastion Individual	Woodroffe	Peter	MALE	Wave 1 06.00
45	Bastion Individual	Woodyard	Tracey	FEMALE	Wave 1 06.00
46	Bastion Individual	young	paul	MALE	Wave 1 06.00