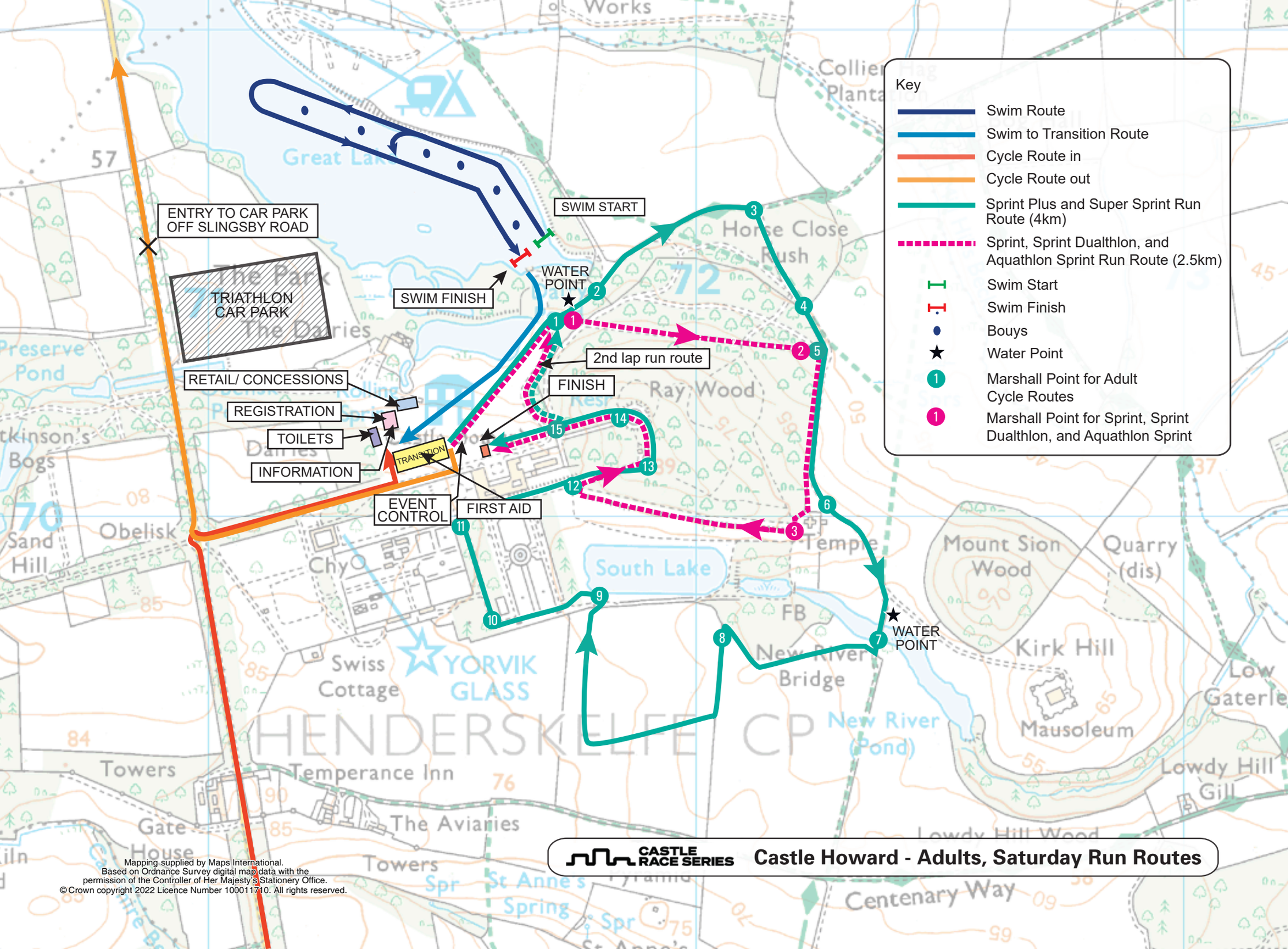
Key
Swim Route
Swim to Transition Route
Cycle Route in
Cycle Route out
Sprint Plus and Super Sprint Run Route (4km)
Sprint, Sprint Dualthlon, and Aquathlon Sprint Run Route (2.5km)
Swim Start
Swim Finish
Bouys
Water Point
Marshall Point for Adult Cycle Routes
Marshall Point for Sprint, Sprint Dualthlon, and Aquathlon Sprint
ENTRY TO CAR PARK OFF SLINGSBY ROAD
TRIATHLON CAR PARK
SWIM START
SWIM FINISH
WATER POINT
2nd lap run route
FINISH
RETAIL/ CONCESSIONS
REGISTRATION
TOILETS
INFORMATION
TRANSITION
EVENT CONTROL
FIRST AID
WATER POINT
CASTLE RACE SERIES
Castle Howard - Adults, Saturday Run Routes
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